



the tiny cauldron

Harnessing Power

Perform your incantation on a Monday at midnight when the moon is full or waxing (The goal is to have as many correspondences working for you, but you may not be able to incorporate some due to circumstance). To prepare, you can sip lemon tea or nibble pumpkin, as these are correspondences to the moon.

To start your incantation, form a circle with some of the salt and herbs from the sachet provided, which includes rose petals, vervain, yarrow and mugwort. Ensure that your altar and all of your workings are inside that circle. Go back over that salt with some (but not all) herbs from your sachet. **It is vital you cast the circle before you begin, as it lends strength in protecting you from negative outside energies that can come and go during ritual.**

Face yourself and your altar in the western direction. If you have an altar, follow the instructions for placement below. (If you do not have an altar, place the items facing the corresponding direction along the salt circle.)

Half a dropper full of water or oil (representing Water) in an oil burner or small dish: west
Lit spell candle (representing Fire): south

A palmful of salts and herbs (representing Earth) in a pile or dish: north

Smudge stick or palo santo, lit, over a dish (representing Air; you could use incense): east
You may set out moonstone, quartz or opal and use any purple or orange candles if desired (all are correspondences to the moon).

Step in the middle of the circle, sit in front of your altar and begin chanting in a quick whisper the following incantation:

The sun's asleep; Mother Moon, arise
Hearken, now, the night's alive
I've come to you at day's dying hour
To seek the ability to harness your power

Next, state the following:

Mother moon, rise, the power churns from the toes
As we speak in enchantment, the true heathen's prose
Maiden, virgin, the youthful sprite

I invoke your abundance, your beauty and light
The mother, all power when the belly is round
I invoke thee, my power be not earthen-bound
The crone, in age her power doth bleed
It spreads her wisdom by sowing the seed
I invoke the crone's ancient spells, bellowed rhymes
They arrive in my thoughts as if born from my mind
They bolster my power that's invoked from the goddess
And renders me heathen, whose witchcraft's upon them.

As you speak, envision your words flowing out of your mouth and rising. Envision your palms or fingertips tingling with energy. Sit with your palm and fingertips facing upward and open, toward the moon. When you feel drained from energy or feel your intention was set, end the spell:

If the moon doth will it, so mote it be.

It is now time to close your circle. This is where you thank the elements and the moon for their assistance and close the connection you made with the spiritual world. To leave it open means to invite to stay those who may have come in unannounced, whether good or bad. Close the circle by reciting the following.

I close this circle, the spell has ceased
It's time to dance, to play, to feast.
Water, earth, smoke and flame
You may return from whence you came
Moon, Mother, Goddess of Night
Go fly, be free, I thank thee tonight.
Entities, spirits, any beings now tethered
I cast you out of this space unfettered
My sisters, my ancestors, my limbs are alighted
Your spirits run through me; I leave you ignited

Let the candle burn until all wax is melted. It is then that you can extinguish it. This is also true for any candle under an oil burner. Sprinkle the dish of salt and herbs along the threshold of your front door to invite lunar influence and power. If the smudge stick or incense is still burning, allow it to extinguish or dip in water if necessary.

We hope this incantation works for you, but if you feel it hasn't, you may repeat the spell. Remember that it is your energy that feeds this spell. Harness your energy and notice it when not in ritual. Beginners to the craft can do this by imagining a dull tingling in your fingertips and visualizing it moving and growing at your will. Wear your ~~on~~ carry your herbs to continue to encourage the spell to manifest.